

Thin* Mint* Sprint* Marathon* Patch*

Girl Scouts of Minnesota and Wisconsin Lakes and Pines is offering a Council Patch Program for girls of all levels. Challenge your troop, your family, and your friends to train with you as you complete a marathon and earn the Marathon Patch! Here's how:

1. Find a safe place to run like a park, school, gym or a neighborhood with sidewalks.
2. Find a buddy to walk with you. You could ask your Girl Scout troop, your family or another friend.
3. You can start logging your miles on May 1st.
4. Keep track of your miles on the attached form. Please have an adult sign off on your miles.
5. Walk, skip, run or jog 26.2 miles by September 30th.
6. Once you've completed your marathon, purchase your patch from either Girl Scout shop in Duluth or Waite Park. Log forms must accompany orders.



Girl Scout Members: You can bring your completed marathon log form to the Thin Mint Sprint 5K Run/1K Fun Run in either Duluth or St. Cloud to purchase your Marathon Patch and be recognized at the event!

Duluth event: August 21st, 2010

St. Cloud event: August 14th, 2010

Girl Scouts of Minnesota and Wisconsin Lakes and Pines

Thin Mint Sprint Marathon Patch

Order Form

Please submit this form at time of patch order.

Troop/Group # _____ Program Level (circle one) DA BR JR CAD SR AM

Girl's name _____

Address _____

City/State/Zip _____

Phone (_____) _____

Email _____

_____ # of patches at \$1.50 each \$ _____

For mail orders add \$1.00 shipping and handling fee \$ _____

To avoid shipping and handling fees

I will pick up my order at the Waite Park Regional Center

I will pick up my order at the Duluth Regional Center

Total Amount Enclosed \$ _____

Please mail forms with payment to one of the following shops:

Girl Scouts of Minnesota and Wisconsin Lakes and Pines
Waite Park Regional Center Shop
400 2nd Ave S
Waite Park, MN 56387

Girl Scouts of Minnesota and Wisconsin Lakes and Pines
Duluth Regional Center Shop
424 W Superior Street
Suite G3, Ordean Building
Duluth, MN 55802

