

**Girl Scouts of Minnesota and Wisconsin Lakes and Pines**

***AMERICAN INDIAN HERITAGE PATCH***

**For Girl Scout Brownies - Ambassador**

**This patch will help girls to develop an understanding/appreciation for the culture of American Indians through exploration and experience.**

**Complete six of the activities including the two starred items:**

- 1) Choose a Minnesota tribe of American Indians. Learn something about their history. Describe their homes, dress, food, and ceremonies.
- 2) \*Describe briefly the American Indian tribes or nations who live or lived in four different parts of North America other than Minnesota.
- 3) Tell which states have names of American Indian origin. Give the meanings of at least five such state names.
- 4) Find out about the life and contribution of an American Indian heroine or hero.
- 5) Read at least three American Indian legends. Choose one and tell it to a group of Girl Scouts or other friends by way of a skit, poster, etc.
- 6) Do two of the following:
  - a. Learn pow-wow etiquette and attend an American Indian ceremony or event or role-play a ceremony with your troop/group.
  - b. Visit an American Indian exhibit at a museum or fair.
  - c. Talk to an American Indian to learn more about their culture today.
- 7) Collect several American Indian recipes. Select one or two to prepare at a troop/group camp-out or for your family.
- 8) \*Choose four of the following:
  - a. Make a useful article and decorate it with an authentic American Indian design.
  - b. Learn to play an American Indian game.
  - c. Learn/practice some American Indian dance steps.
  - d. Listen to an American Indian song. Learn its meaning and how the song was used.
  - e. Make an American Indian musical instrument and use it at a camp out or troop/group meeting.
  - f. Stargaze and learn an American Indian legend associated with the stars.
  - g. Learn about pottery making and make a piece of pottery using American Indian designs.

*A special thank you to San Jacinto Girl Scout Council, Houston, Texas for allowing us to reproduce this piece.*

**American Indian Heritage Patch Order form**

Troop Leader Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone Number (\_\_\_\_) \_\_\_\_\_

Program level (circle one)                      BR      JR      CAD      SR      AMB

Troop Number \_\_\_\_\_

\_\_\_\_\_ # of patches ordering x \$ 1.50 each                      \$ \_\_\_\_\_

Add \$1.00 postage/handling fee if mailing OR to eliminate postage/handling fee (please check below)

\_\_\_\_\_ I will pick up my patches at the Waite Park Regional Center

\_\_\_\_\_ I will pick up my patches at the Duluth Regional Center

Total Amount enclosed \$ \_\_\_\_\_

Please mail forms with payment to one of the following shops:

Girl Scouts of Minnesota and Wisconsin Lakes and Pines  
Waite Park Regional Center Shop  
400 2<sup>nd</sup> Ave S  
Waite Park, MN 56387

Girl Scouts of Minnesota and Wisconsin Lakes and Pines  
Duluth Regional Center Shop  
424 W Superior Street  
Suite G3, Ordean Building  
Duluth, MN 55802

